



**Patient group**  
**Thursday 20/4/17 5-6.30pm**

## **MINUTES**

3 patients present, plus Camilla Hawkes, Dr Gordon and Sukhi Lall from SMP

<b>Item</b>
<p><b>Apologies</b> <b>1 apologies received</b></p> <p>We discussed low attendance at recent meetings and that it was a shame. Leeds west CCG is running a learning session on “Running your Patient Group” soon, we may be able to get some ideas for how to build up attendance again from this</p>
<p><b>Staffing</b></p> <ul style="list-style-type: none"><li>• Dr Sulthana Ahmed will join us at GP partner 1/9/17 – it is a testament to the practice that over the past 3 years we have been able to recruit 3 Gp partners in the current climate.</li><li>• Dr Fisher will be covering dr Crosland’s maternity leave as a salaried GP</li></ul>
<p><b>Premises update</b></p> <p>Build all going to plan. We will arrange a patient group site visit in the summer.</p>
<p><b>Gluten free products and other prescribing</b></p> <p>The Leeds North CCG is proposing to make changes to the items which are allowed to be prescribed on the NHS. These include gluten free products, and certain medicines which are also available over the counter, such as paracetamol including for children. They are carrying out a consultation on the matter which we have sent round on email to the group already. Paper copies also available.</p>
<p><b>Ear syringing service</b></p> <p>We have currently paused our ear syringe service as both machines have broken again – they are delicate and break easily and are costly to repair. This is known national problem.</p> <p>We have paused the service to give us time to think how to do it differently. The use of olive oil drops will usually clear ear wax if used over a long enough time period – currently we only ask pts to use them for a week but we are proposing to change this to one month. This would resolve the issue in many cases, so fewer patients wd need the syringing service which would put less pressure on the machines. Additionally it promotes self-care.</p> <p>We have written a draft Info Leaflet ( to be circulated for comments along with minutes). Agreed that the change must be presented positively to pts, not as a negative.</p> <p>It was suggested that we proactively contact pts who regularly use the service to tell them about the change – to avoid the scenario where they find out about it once the problem has built up. Camilla agreed this would be a good idea and will put this in pace.</p>

**Pod**

We have a self-service BP machine called a “pod” into the back waiting room – we are struggling to get pts to use it. Does the group have any ideas how to improve this?

Suggested we trial out having it in front wait room

**Health champions**

Joe Kiff who works at the Reginald, jointly funded by LCC and LN CCG with a remit to bring health and community closer together, spoke to us about the next wave of health champions that he is working to recruit. Did we have idea about how he could reach interested people. He has been door knocking and liaising with community groups etc.

We agreed we could do a targeted MJOG message and had other ideas as well.

NB that the coffee morning next week is a spring fair focused on gardening and growing your own.

**Future meeting dates**

17/8/17 1-2.30

16/11/17 5-6.30