



St Martin's Practice Travel Vaccines Service

The travel vaccinations and medication you need depend on your destination and itinerary. We use a nationally recognised database for travel information which is updated daily to reflect new health issues and risks at your destination. We can provide you with a detailed travel brief which will show:

- Required vaccinations: compulsory for your travel plan
- Recommended vaccinations: not compulsory, but you can discuss their additional benefits with our practice nurse

Reliable and up-to-date country-specific advice is available from the websites listed below. On these websites you will find travel health advice regarding air travel, food and water hygiene, travellers' diarrhea, bite prevention, sun care, prevention of blood borne viruses and sexually transmitted diseases and visiting countries where medical help is not available.

- <http://www.travelhealthpro.org.uk>
- <http://www.fitfortravel.nhs.uk/>

How to book

- You should contact us at least 8 weeks before travel. This is to ensure there is time for you to receive all the vaccinations you need to keep you protected.
- Please ring us on 0113 22 11 888 and book a 20 minute appointment with a Practice Nurse. If there are any other household members who are also travelling and will also be attending with you, then they should book a 10 minute appointment to a maximum of 3 people on one occasion.

Charges

Certain travel vaccines are not part of routine NHS work. This means that we are not required to provide them. As of May 2020, we are no longer providing these vaccinations at all on any basis. Should you wish to have these vaccinations then please arrange them via any private travel clinic: there are several in the area and also the town centre. We are unable to recommend any clinic.

Please note

We are not able to provide any vaccines required for emigration purposes. These should be carried out at a private travel vaccinations clinic as above.